



2012 TRAVEL SOCCER CAMP

- More than your typical soccer Camp. This Camp is specifically designed around **INDIVIDUAL PLAYER DEVELOPMENT**. It will be challenging, intense and **FUN!**
- The Camp focus is to improve individual technical and tactical abilities, working through small-group games/activities
- The top PSA Trainers will staff the Camp and players will improve dramatically during the week
- **DATES:** Monday June 11th-Friday June 15th
- **TIMES:** 9:00am-Noon
- **PARTICIPANTS:** Boys & Girls
- **AGE GROUPS:** U7-U14
- **COST:** \$119. **EARLY-BIRD SPECIAL = \$99 IF REGISTERED BY FEBRUARY 29TH**
- **LOCATION:** Wayzata Central Middle School Campus

Places are limited; REGISTER NOW to guarantee your place!
(www.plymouthsoccer.com)

- This Camp uses the new US Soccer Curriculum, which is designed for individual player development.

Daily sessions will include the following areas for development:

TECHNICAL TRAINING:

- **Ball Control:** Comfort with the ball. Receiving ground & air balls
- **Passing:** Short, medium and long range
- **Shooting:** Determine shooting range & shoe surface to increase goals scored
- **Dribbling:** To beat an opponent, out of pressure, movement up the field
- **Turning:** Using a variety of moves to advance the ball
- **Heading:** Attacking and defending

TACTICAL TRAINING:

- **Attacking Principles:**
 - Possession, Supporting-on/off the ball, Transition, Combination Play, Finishing-Final Third, Counter-Attacking
- **Defending Principles**
 - Zonal Defending, Pressing, Retreat & Recovery, Shape/Compactness
- This is a great soccer camp that will help transition players to a more competitive level by emphasizing the necessary skill-set needed for success in soccer
- Regardless of age, players will be challenged to their limits and will be exposed to new and creative ways to use their skills
- This Camp will divide players by their ability, where possible, and provide an opportunity for players to develop in an environment that is designed to accelerate their individual abilities

Participants should bring soccer shoes, shin guards covered by long socks, drinks, snacks, sun block, insect repellent and appropriate sports clothing for the weather