



## THE GREETING GAME

### Emphasis:

This game will get the players moving, greeting each other, and be a building block to introduce dribbling.

### Game Info:

This is for ages U6 and U8. It is best run with at least 1 player but no more than 99 players. The game should be run approximately 10 minutes on a small field.

The coach will also make sure they have the following equipment: cones

### Setup:

Build a grid that is 20X20 yards using cones. Each of the players gets inside the grid with their own ball.

### Instructions:

All the players run around randomly inside the grid. The coach calls out various types of greetings, which each player then has to carry out with others: shake hands, high fives (one hand), high fives (other hand), shoulder to shoulder, back to back, etc.

### Progression:

- Can be done initially without the ball
- With the ball to introduce dribbling

### Coaching Points:

- Use the inside and outside of the foot to advance the ball
- When dribbling, keep the ball in close control
- Heads up so players don't run into each other.